

## MINDFUL SEEING GARDEN

Can you find the 6 words hidden in this gardening scene? Engage your prefrontal cortex (PFC) and use your mindful seeing to find all 6 words. Why not test your friends and family! How many can they find?

Created by Nicole Abbott  
for PlayBuzz

### WORD BANK

VINE

SEED

DIG

GARDEN

FARM

BLOOM

