

MINDUP™

WORD SEARCH

M G S P U O L F H P F F L U W I W A
I K E E K W O A I G Z A A F H S F B
N V N R I L D R P G N M P E O Y O H
D M S S N O E T P R A Y O E P T C A
U I E P D B B Z O A F G S L T Q U P
P N S E N R S D C T P D I I I G S P
K D S C E A V U A I V A T N M P E I
L F X T S I J C M T M L I G I B D N
O U I I S N P V P U V A V S S X K E
V L J V S U D H U D V H E R M A C S
E C V E W A V G S E F C A W I V G S
O L A E H W B V X D W Y U Y H G U R

1. MINDUP
2. HAPPINESS
3. BRAIN
4. MINDFUL
5. GRATITUDE
6. OPTIMISM
7. HIPPOCAMPUS
8. AMYGDALA
9. PERSPECTIVE
10. KINDNESS
11. SENSES
12. POSITIVE
13. FOCUSED
14. FEELINGS
15. LOVE

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